

Learning Outcomes	Notes
1.5.1. Nutrition	<ul style="list-style-type: none"><li>• To acknowledge responsibility for maintaining health and well-being. (e.g. home cooking vs. fast foods)</li><li>• To acknowledge the function of food as satisfying physical, social, emotional and health needs.</li><li>• To evaluate personal eating habits (e.g. Food labelling).</li></ul>
5.3.1 Health Responsibility	<ul style="list-style-type: none"><li>• To identify health problems that people may have (e.g. diabetes, asthma, allergies etc)</li><li>• To increase the awareness on the prevention of diseases.</li><li>• To explore the feelings we associate with these conditions.</li></ul>